Objectives

- Overview of opioid crisis among AI/AN
- Summarize the opioid crisis in Minnesota
- Overview of the MOM’s program
- Signs and symptoms
- Overview of TLOA and TAP
- Introduction to Federal T&TA
- Collaboration for a successful TAP
Opioids vs Opiates

- Opiates – Drugs derived from opium
  - Morphine
  - Codeine
  - Heroin
- Opioids –
  - Traditionally used to describe synthetic opiates only
    - Methadone
    - Percocet
    - Vicodin
  - Today used to refer to the entire family of opiates.
  - Often used interchangeably now.

Data in Indian Country

- Sources of data
- Sovereignty and data collection
- Data as a source of historical trauma
Signs and Symptoms

- Under influence
  - Euphoria
  - Confusion
  - Constricted pupils
  - Intermittent nodding off / loss of consciousness.

- Behavioral clues
  - Doctor shopping
  - Sudden financial problems

- Withdrawal
  - Head ache
  - Sweating
  - Anxiety
  - Inability to sleep

Psychosocial Factors

[Diagram of Maslow's Hierarchy of Needs]


Self-Actualization - A person’s motivation to reach his or her full potential. As shown in Maslow’s Hierarchy of Needs, a person’s basic needs must be met before self-actualization can be achieved.

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Problem Focused Intervention

- The five C’s
  - Constructing a problem definition
  - Collaborative goal setting
  - Collaborative problem solving
  - Contracting for change
  - Continuing support

MOM’s Program

- White Earth
- Comprehensive NAS prevention program
- Medication Assisted Treatment – Suboxone
- Day Treatment
- Parenting
- Outcomes – anecdotal but promising
**Tribal Law and Order Act**

- The TLOA of 2010 requires federal agencies, including SAMHSA, to **coordinate existing federal resources** to combat alcohol and substance misuse in tribal communities.
- SAMHSA works with **Department of Justice (DOJ)**, **Department of the Interior (DOI)**, and **other HHS agencies** to assist Native communities with prevention, intervention, and treatment goals related to substance use.

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**TLOA Responsibilities**

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<tr>
<th>Scope of the problem</th>
<th>HHS, IHS, DOJ</th>
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<td>Identification of programs</td>
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<td>Minimum program standards</td>
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<td>Assessment of resources</td>
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<td>TAP development</td>
<td>IHS, BIA, DOJ</td>
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<td>Newsletter</td>
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<th>Law enforcement and judicial training</th>
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<td>Emergency shelters</td>
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<td>Child abuse and neglect</td>
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<td>Juvenile detention centers</td>
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<tr>
<td>Model juvenile code</td>
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Carrying Out the Intent of TLOA

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<th>Work Groups</th>
<th>Carrying Out TLOA Directives and Provide Guidance for Action</th>
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<tr>
<td>TAP</td>
<td>Align, Leverage, and Coordinate</td>
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<tr>
<td>Minimum Program Standards</td>
<td>Pool of Resources, Response Protocols, and Ideas and Input</td>
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<tr>
<td>Native Youth Educational Services</td>
<td>Engage with Tribes and Provide Link to OIASA</td>
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<tr>
<td>Inventory/Resources</td>
<td>Lead the Community and Federal Partners to Address Substance Use Concerns</td>
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<tr>
<td>Newsletter/Website</td>
<td>Create Plans and Identify Resources with Local Partners in the Community</td>
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<tr>
<td>Resource Navigation to Native Specific Data Sets</td>
<td>Tribe Specific Action Planning</td>
</tr>
</tbody>
</table>

Federal TLOA Website Links

- [SAMHSA OIASA](https://www.samhsa.gov/tloa)
- [Department of Justice Tribal Justice and Safety](https://www.justice.gov/tribal)
- [Bureau of Justice Programs, DOJ](https://www.bja.gov/ProgramDetails.aspx?Program_ID=88)
- [TLOA Resource Page, IHS](https://www.ihs.gov/asap/triballaw)
Tribal Action Plans

- The TAP, developed under TLOA, are focused on tribally-driven strategic planning
- Community ownership of a TAP is the primary goal
- TAPs can be updated every 2 years
- TAPs are utilized by tribal leadership and infrastructure and partners of the tribe as an ongoing framework to address substance use

Purpose of the TAP

- Address alcohol and substance abuse proactively
- Identify strengths within the tribe (culture, people, policies) and resources (programs, people, funding, space, transportation)
- Assess prevention and treatment needs
- Coordinate resources and identify gaps
- Develop strategic action plan
TTA Opportunities

- Virtual TTA
  - Learning communities
  - Webinars and other web-based TA
- Onsite TTA support
  - Collaborative trainings with tribal leadership and prevention teams
  - Training of Facilitators
  - TAP trainings
- National prevention and educational resources

SAMHSA and HHS Resources

- Tribal Affairs – Office of Tribal Affairs and Policy (OTAP)
- Alcohol, tobacco, and other drugs
- Mental and substance use disorders
- Prevention of substance abuse and mental illness
- Suicide prevention
- Drug Free Communities Program
- Native Connections Grant Program
- Tribal Behavioral Health Grant
SAMHSA and HHS Resources

- Garrett Lee Smith Tribal Youth Suicide Prevention
- Campus Suicide Prevention Program
- Circles of Care
- Systems of Care
- Strategic Prevention Framework Partnerships for Success
- Project Linking Actions for Unmet Needs in Children’s Health (LAUNCH)
- Tribal Healing to Wellness Courts

Engaging the Center

- Go to the SAMHSA Tribal TTA Center website: [http://www.samhsa.gov/tribal-ttac/contact-us](http://www.samhsa.gov/tribal-ttac/contact-us)
  - Enter name and email address
  - Briefly outline your TTA request details (2 to 5 sentences)
- We will respond to schedule a call to further discuss your request and how we can collaborate and support your prevention efforts